



**EVENT SCHEDULE**  
as of 9/23/16

**FRIDAY SEPTEMBER 30, 2016**

SUNRISE	LOW TIDE	HIGH TIDE	LOW TIDE	HIGH TIDE	SUNSET						
6:45 AM	5:13 AM 0.13	10:00 AM 2.84	6:32 PM 0.13	10:10 PM 2.81	6:36 PM	START TIME	END TIME	ELEMENT	BOARD SIZE	LAPS	NOTES
						6:30 AM	9:00 AM	Athlete Check In			
						8:00 AM	8:15 AM	Pro Prone Race Briefing & National Anthem			
						8:15 AM	8:30 AM	Pro Prone Distance Marshalling			
						8:30 AM	10:00 AM	<b>MEN'S &amp; WOMEN'S PRO PRONE DISTANCE RACE</b>	12' & U	2	
						10:00 AM	10:30 AM	Water Activity Break			
						10:00 AM	10:15 AM	Pro Men's Technical Race Briefing			
						10:15 AM	10:30 AM	Pro Men's Technical Round 1 Marshalling			
						10:30 AM	12:30 PM	<b>PRO MEN'S TECHNICAL ROUND 1 HEATS</b>	14' & U		8 heats of 16, top 8 advancing
						10:30 AM	10:45 AM	Pro Men's Technical Round 1 Heat 1	14' & U	2	Top 8 Advance
						10:45 AM	11:00 AM	Pro Men's Technical Round 1 Heat 2	14' & U	2	Top 8 Advance
						11:00 AM	11:15 AM	Pro Men's Technical Round 1 Heat 3	14' & U	2	Top 8 Advance
						11:15 AM	11:30 AM	Pro Men's Technical Round 1 Heat 4	14' & U	2	Top 8 Advance
						11:30 AM	11:45 AM	Pro Men's Technical Round 1 Heat 5	14' & U	2	Top 8 Advance
						11:45 AM	12:00 PM	Pro Men's Technical Round 1 Heat 6	14' & U	2	Top 8 Advance
						12:00 PM	12:15 PM	Pro Men's Technical Round 1 Heat 7	14' & U	2	Top 8 Advance
						12:15 PM	12:30 PM	Pro Men's Technical Round 1 Heat 8	14' & U	2	Top 8 Advance
						12:30 PM	1:15 PM	Water Activity Break			
						1:00 PM	1:15 PM	Pro Prone Technical Race Briefing			
						1:15 PM	1:30 PM	Pro Prone Technical Marshalling			
						1:30 PM	2:50 PM	<b>PRO PRONE TECHNICAL RACES</b>	12' & U		
						1:30 PM	1:50 PM	Pro Prone Women Technical Final	12' & U	2	
						1:50 PM	2:10 PM	Pro Prone Men Technical Final	12' & U	2	
						2:10 PM	2:20 PM	Break For Awards			
						2:20 PM	2:35 PM	Pro Prone Awards			

**SATURDAY OCTOBER 1, 2016**

SUNRISE	LOW TIDE	HIGH TIDE	LOW TIDE	HIGH TIDE	SUNSET						
6:46 AM	5:36 AM 0.17	10:23 AM 2.96	6:04 PM 0.13	10:44 PM 2.66	6:33 PM	START TIME	END TIME	ELEMENT	BOARD SIZE	LAPS	NOTES
						6:30 AM	9:00 AM	Athlete Check In			
						8:00 AM	8:15 AM	Youth Technical Race Briefing & National Anthem			
						8:15 AM	8:30 AM	Youth Technical Marshalling			
						8:30 AM	10:20 AM	<b>YOUTH TECHNICAL RACES</b>			
						8:30 AM	8:50 AM	Youth 11-12 Boys	12'6" & U	3	
						8:32 AM	8:52 AM	Youth 11-12 Girls	12'6" & U	3	
						8:35 AM	8:55 AM	Youth 10-U Boys, Girls	11'	2	
						9:00 AM	9:20 AM	Youth 13-14 Girls Final	12'6" & U	3	
						9:20 AM	9:40 AM	Youth 13-14 Boys Final	12'6" & U	3	
						9:40 AM	9:50 AM	Open Division Technical Race Briefing			
						9:50 AM	10:05 AM	Open Division Technical Marshalling			
						10:05 AM	10:50 AM	<b>OPEN DIVISION TECHNICAL RACES</b>			
						10:05 AM	10:35 AM	Open Men Technical 14' & U / Recreational 12' & U / Prone 12' & U	14' & U	3	Includes Boys 15-17, Open Men Prone Technical
						10:07 AM	10:35 AM	Open Women Technical 14' & U / Recreational 12' & U / Prone 12' & U	14' & U	3	Includes Girls 15-17, Open Women Prone Technical
						10:35 AM	11:05 AM	Water Activity Break			
						10:45 AM	11:05 AM	Youth Technical Race Awards			
						11:05 AM	11:20 AM	Pro Men's / Women's / Junior's Technical Race Briefing			
						11:20 AM	11:40 AM	Pro Men's Technical Quarterfinal Marshalling			
						11:20 AM	11:40 AM	Salt Life SUP Surf Invitational Expression Session			
						11:40 AM	12:40 PM	<b>PRO MEN'S TECHNICAL QUARTER FINAL HEATS</b>	14' & U		4 Heats of 16, Top 8 Advancing
						11:40 AM	11:55 AM	Pro Men's Technical Quarter Final Heat 1	14' & U	2	Top 8 Advance
						11:55 AM	12:10 PM	Pro Men's Technical Quarter Final Heat 2	14' & U	2	Top 8 Advance
						12:10 PM	12:25 PM	Pro Men's Technical Quarter Final Heat 3	14' & U	2	Top 8 Advance
						12:25 PM	12:40 PM	Pro Men's Technical Quarter Final Heat 4	14' & U	2	Top 8 Advance
						12:40 PM	1:10 PM	Water Activity Break			
						12:40 PM	1:10 PM	Open Technical Awards			
						12:55 PM	1:10 PM	Pro Junior Marshalling			
						1:10 PM	1:25 PM	Pro Junior Girls Technical Race	12'6"	2	
						1:25 PM	1:40 PM	Pro Junior Boys Technical Race	12'6"	2	
						1:40 PM	1:55 PM	Pro Women's Technical Semi Final Heat 1	12'6"	2	
						1:55 PM	2:10 PM	Pro Women's Technical Semi Final Heat 2	12'6"	2	
						2:10 PM	2:25 PM	Pro Men's Technical Semi Final Heat 1	14' & U	2	
						2:25 PM	2:40 PM	Pro Men's Technical Semi Final Heat 2	14' & U	2	
						2:40 PM	2:50 PM	Pro Junior Technical Awards			

**SUNDAY OCTOBER 2, 2016**

SUNRISE	LOW TIDE	HIGH TIDE	LOW TIDE	HIGH TIDE	SUNSET						
6:47 AM	6:00 AM 0.24	10:47 AM 2.95	6:07 PM 0.13	10:50 PM 2.81	6:33 PM	START TIME	END TIME	ELEMENT	BOARD SIZE	LAPS	NOTES
						6:30 AM	9:00 AM	Athlete Check In			
						7:45 AM	8:00 AM	Pro, Open Distance Race Briefing & National Anthem			
						8:00 AM	8:30 AM	Pro Women's & Pro Junior Girl's Marshalling			
						8:30 AM	9:45 AM	Pro Women's & Pro Junior Girl's Distance Race	12'6"	2	
						9:30 AM	9:45 AM	Pro Men's & Pro Junior Boy's Marshalling			
						9:45 AM	11:00 AM	Pro Men's & Pro Junior Boy's Distance Race	Pro 14' & U, Jr 12'6"	2	
						11:00 AM	1:45 PM	Open Distance Race (3 Mile & 6 Mile)	All	1,2	Includes all age divisions (Prone / SUP)
						1:45 PM	2:15 PM	Water Activity Break			
						1:55 PM	2:15 PM	Open Distance Awards			
						2:00 PM	2:15 PM	Pro Men's & Pro Women's Technical Race Briefing & Marshalling			
						2:15 PM	2:45 PM	Pro Women's Technical Final	12'6"	3	
						2:45 PM	3:15 PM	Pro Men's Technical Final	14' & U	3	
						3:15 PM	3:25 PM	Break For Awards			
						3:25 PM	3:35 PM	Pro Division Awards			